



When was the last time you considered God’s handiwork? When was the last time you really took a pause from everything going on in life to just stop and gaze upon what God has created? Take a moment to think about the precision of gravity, how incredible the design of your body is, and how vast the universe is. The complex and intricate design that marks everything around us, both at a large-scale macro level, and at a small-scale micro level indicate great care and thought from the designer. The fact that all of these designs work synergistically together is a sure sign that it was all fashioned by a single creator. The truly amazing thing is that the Creator actually loves and wants to be with what He made: His people. Let’s take a deeper look at our creator through the lens of a man after God’s own heart, who regularly marveled at the intricacies of creation: King David.

Read: Genesis 1; Psalm 8:1-9; Psalm 95:1-7; Psalm 104:1-35;

What parallels do you see, particularly between Psalm 104 and Genesis 1?

In what do you most clearly see God’s intelligent and fascinating design? What kind of response to God does this generate in you?

What do you notice about how David begins each of these Psalms?

How does David describe God’s involvement with His creation?

How does David describe all creation’s reliance on God?

Do these Psalms describe God's work as active or passive? What implications does that have for how we see His work in our lives now?

What is David's response to God when he observes what God has created?

Make it personal:

Despite all of his responsibilities as king, David regularly marveled at God and His work. Do you make time in your busy schedule to pause and consider what God has created?

What can you shift in your busy day to allow time to stand in awe of the creator, even if only briefly? (Getting up earlier to watch the sun rise, taking a moment to listen to a bird sing before the Lord, taking a second to notice your own heartbeat, etc.)

What would it require to form a more mindful rhythm of awe and praise in your own life, similar to King David's?

King David's prayer in Psalm 95 is extremely powerful. Take a moment to pray this paraphrase of the Psalm out loud:

I come with joy before you, Lord, the Rock of my salvation. I approach you with thanksgiving, and give you all my praise. You are a great God, a great King above any other. You hold in your hands both the deepest places of the earth and the highest mountains. The sea you created belongs to you, as well as the land that you shaped with your own hands. I worship you, and kneel before you, as Lord of creation and Lord of my own life. Thank you for always watching over me. Amen.

>> You can find more True North resources at www.christtherock.org/truenorth