

UNCOMFORTABLE

WEEK 5 STUDY QUESTIONS

As we have explored some of the uncomfortable realities we must embrace as believers, there are things that might have surprised us or challenged us. This week, we want to explore an Uncomfortable Truth- what the Scriptures tell us about the Christian sexual ethic.

In our pluralistic society, there are many definitions about what human sexuality looks like. But in the church, are we able to have many definitions and ideas of what sexuality is or isn't?

Read 2 Timothy 3:16-17

When we want to explore the uncomfortable truths that are laid out in the Scriptures, this passage is an important reminder to us. What does this encouragement from Paul cause you to think in regards to the authority of the Bible?

Read 1 Corinthians 6:18-20

What sticks out to you most about this passage?

Why does it matter to remember that “we are not our own” in regards to how we view our sexuality? How is this in conflict with what our culture often teaches us about our bodies?

Often, marriage is treated in a pretty lax manner, even in the church. But the New Testament Scriptures say some pretty specific things about marriage. The writer of Hebrews has a very pointed statement when it comes to how we are to view marriage.

Read Hebrews 13:4

How can this verse apply to both single and married people?

What would it look like if our culture honored this verse? How can the church lead the way in modeling this mindset?

Sometimes, Christians can feel pretty good about their sexual conduct, because they are not committing any obvious sins. But the sexual ethic of Jesus is actually much harder to practice, because it involves the heart. As Jesus said, ***“You have heard that it was said, ‘You shall not commit adultery.’ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.”*** (Matthew 5:27-28 NIV).

You do not need to discuss this passage with the group. But allow yourself to reflect upon the words of Jesus, and decide if your sexual ethic really lines up with His or not.

Wherever you are in regards to your sexuality, remember that we have hope in Jesus. The Holy Spirit gives us the power to say no to temptation, and to keep our bodies as His temple. You might be struggling, and if so, receive the grace of God and ask Him to do His transformational work inside your heart.

Prayer

Father, thank you for the uncomfortable truths that we find in Your Word. Thank You that You care enough about us to ensure that we understand how You designed us to treat our bodies, and the bodies of others. Jesus, thank You for modeling what healthy and holy living looks like, and dying so that we might know Your ways. Holy Spirit, fill us with all the goodness of Heaven, that we might honor You in all that we do. In the name of Jesus we pray, Amen.