



We have learned that we must learn that our position with Christ begins with sitting in His finished work. Only then can we truly learn how to walk in His ways. This week we begin to learn what that “walking” with God looks like, and what it means for our daily lives.

Read Ephesians 4:1-3

If you read this passage in the English Standard Version, Paul uses the word “walk” instead of the word live. So it reads “...to walk worthy of the calling with which you were called...”

What do you think it means to “walk worthy”?

Read Matthew 11:28-29

We studied this passage in the “SIT” section of this series. A “yoke” is something that links two oxen together. As we study what it means to “walk worthy”, what do you think it means to take on the yoke of Jesus?

One way to help us understand the imagery Jesus is using is to compare it to another passage where yoke imagery is used.

Read Lamentations 1:14

What do you think it is like to bear this kind of yoke?

Joel told us that taking upon the yoke of Jesus is representative of stepping into the kingdom calling that is on the life of all believers. This is how we “walk worthy”. Yet, to truly live this way is nearly impossible. Why do you think Jesus calls it “easy”?

Have you had times where following Christ seemed hard? Why do you think that is?

Have you had times where it has felt like far less effort? What was different from when it felt more difficult?

Pray this prayer

Father, thank you for calling me into your kingdom, where all the citizens follow your ways. Thank you for inviting me into your yoke, into daily relationship with you. Jesus help me to know the ways of your Heavenly calling. May the Holy Spirit fill me with power- without it I will certainly fail. I want to walk in the kingdom calling you have placed on the lives of all believers. Help me to do this daily. In the name of Jesus, amen.