



Discipleship Study Questions

For use from 2/5/23-2/25/23



GROUP DISCUSSION GUIDE

READ THE SCRIPTURE:

Individual: Read the passage from two or three different translations.

Group: Have two different group members read the passage using different Bible translations.

SPEAK THE SCRIPTURE

Individual: Recite the story aloud from memory (as best you can) or tell it to a friend or family member. The goal here is to get the essence of the passage in your heart.

Group: Have someone volunteer to recite the passage aloud in their own words, as best they can.

UNDERSTAND THE SCRIPTURE

Individual or Group: Use the Discovery Questions to help ensure you understand the passage.

DIG DEEPER INTO THE SCRIPTURE

Individual: Work through the Digging Deeper questions and pray about what God reveals to you through His word. Discuss with a Christian friend or family member if you choose.

Group: Work through the Digging Deeper questions as a group, celebrating the work God is already doing in each person's life, and encouraging each other to trust Him in the places that need growth.

If you are an individual who would like to join a Discipleship Group, please scan the QR code below or email Emma King at eking@christtherock.org.



Small Group Guidelines

THIS IS A SAFE GROUP

Confidentiality is key—what is said in the group stays in the group. Be aware of how you are affecting the environment with your words, actions, and non-verbal communication. This needs to be a place where people feel comfortable opening up and sharing.

NO CROSSTALK

Be considerate of others as they are sharing. No side conversations, phone time, texting etc.

LISTEN

Let's value one another by listening to what is being shared. Allow a pause after someone shares to allow them to finish and others to consider what was said. Eye contact and body posture play key roles in creating a positive or negative group environment.

NO RESCUING OR FIXING

We are not here to fix each other; Jesus does that part. Avoid the tendency to rescue when someone is struggling to get the words out or shares a struggle or conviction.

USE "I" STATEMENTS

It's easy to talk about the issues of others, or respond with "we," "us," or "the church," but for us to grow as disciples and build relationships, we want to use "I" statements.

DON'T OVER-TALK

We want to create time for all members of the group to participate in the discussion. Be careful not to always be the first responder or regularly give long responses.

FIGHT FOR RELATIONSHIP

It's not if conflict or hurt feelings will happen, but when. We commit to fight for relationship with each other. Go to the person and share your struggle or seek wise advice if you are not sure how to handle the conflict.

Week 1: What is True Worship?



BACKGROUND:

In the church, we throw the word “worship” around quite a bit. But what does it really mean? How do we know what true worship looks like? Does God give us any clarity on what kind of worship He wants?

READ:

John 4:1-26

(Use two different Bible translations if available.)



DISCOVERY QUESTIONS:

1. What do we learn about Jesus in this passage?
2. What do we learn about being true worshippers?
3. What do you think the Holy Spirit might be teaching you personally through this passage?
4. Is there any action you feel the Spirit leading you to take this week?



DIGGING DEEPER:



1. When you hear the words “in Spirit and in truth”, how do you think that differs from others forms of worship?
2. In what ways did Jesus model this kind of worship for us?
3. What does it mean to truly have a heart of worship?

Prayer: Father, I sometimes get hung up on wanting a certain style of worship rather than remembering the heart of worship. Help me to learn what it means to worship in Spirit and in truth. Help me to find freedom in my worship, and not just make it about tradition or religion. Let my times of worship be about strengthening my relationship with You. Holy Spirit, fill me. Guide me. Lead me. May I be one who glorifies the name of Jesus. It is in that name I pray, amen.

Week 2: The Ways We Worship



BACKGROUND:

Styles of worship have been splitting churches for centuries. But what if we could look at the entirety of Scripture, and realize there are multiple different styles of worship that God welcomes?

READ:



Colossians 3:11-17

(Use two different Bible translations if available.)



QUESTIONS:

1. What do you learn about God in these verses?
2. What do you learn about being part of His church in these verses?
3. What do you think God might be teaching you personally through these passages?
4. What action do you think the Holy Spirit may be leading you to take based on what you've learned this week?



LIFE APPLICATION:

1. Notice how Paul specifies in verse 11 that the differences between them shouldn't hinder them from being in unity. How does that relate to our worship today?
2. Why does the peace of Christ need to rule in our hearts for this kind of unity in diversity to work?
3. What are some ways you could move out of your comfort zone when it comes to worshipping God?

Prayer: Lord, thank You for creating different ways in which we can worship You. When we gather together, Holy Spirit, give us the unity that can only come from you. We may all prefer different styles and feels of worship, but help us to find beauty in the different ways you invite us to connect with you when we gather together. And may we do it all to lift up the name of Jesus. It is in that name we pray, amen.

Week 3: A Lifestyle of Worship



BACKGROUND:

Worship isn't just Sunday morning- we have the privilege of worshipping Jesus with every moment of our lives. But what are some practices we can put in place to do this?



READ:

Romans 12:1-2

(Use two different Bible translations if available.)



DISCOVERY QUESTIONS:

1. What do we learn about God from this passage?
2. What do you think Paul is trying to get the Romans to understand?
3. What do you think God is teaching you personally?
4. What action do you think God might be leading you to take?



DIGGING DEEPER:

1. It can be easy to see worship as something we do at church, but what are some ways we can truly be a living sacrifice, and live a lifestyle of worship?
2. What are some spiritual habits that have really helped you develop more of a lifestyle of worship?
3. Where could you grow in this regard?

Prayer: Father, we thank You for calling us into a holy life. We don't just worship on Sundays, or certain times of the day. We have the privilege of worshipping You with our whole lives. Help us, Holy Spirit, to truly walk this out in our daily lives. Help us to find many ways to worship You throughout the week. And as we do, help us to become more like You. In Jesus name we pray, amen.