



Week 6
Discipleship Study
Questions



Teach Us To Pray

Many of us long to have a deeper prayer life -- and draw closer to God -- but we aren't sure how to grow in this spiritual discipline. The disciples asked Jesus directly, "Lord, teach us to pray." Jesus taught them a simple, powerful way to talk with God – we know it as the Lord's Prayer. Most of us know that prayer by heart, but like the disciples, we often have misconceptions and fears about prayer.

In the midst of our questions, God invites us to bring everything to him in prayer. God wants to be in a deep, close relationship with you, grow you as a disciple, and empower you to make disciples. The same is true for Christ The Rock as a community of believers -- and if we are really going to make that happen, we need to be a church that prioritizes prayer. We can't do it in our own strength. Join us to explore how Jesus taught us to pray, and ultimately, how we can be transformed into a people of prayer.

Read the Scripture:

Individual: Read the passage from two or three different translations.

Group: Have two different group members read the passage using different Bible translations.

Speak the Scripture:

Individual: Recite the story aloud from memory (as best you can) or tell it to a friend or family member. The goal here is to get the essence of the passage in your heart.

Group: Have someone volunteer to recite the passage aloud in their own words, as best they can.

Understand the Scripture:

Individual or Group: Use the Discovery Questions to help ensure you understand the passage.

Dig Deeper into the Scripture:

Individual: Work through the Digging Deeper questions and pray about what God reveals to you through His word. Discuss with a Christian friend or family member if you choose.

Group: Work through the Digging Deeper questions as a group, celebrating the work God is already doing in each person's life, and encouraging each other to trust Him in the places that need growth.

Small Group Guidelines

This is a Safe Group

Confidentiality is key—what is said in the group stays in the group. Be aware how you are affecting the environment with your words, actions, and non-verbal communication. This needs to be a place where people feel comfortable opening up and sharing.

No Crosstalk

Be considerate of others as they are sharing. No side conversations, phone time, texting etc.

Listen

Let's value one another by listening to what is being shared. Allow a pause after someone shares to allow them to finish and others to consider what was said. Eye contact and body posture play key roles in creating a positive or negative group environment.

No Rescuing or Fixing

We are not here to fix each other; Jesus does that part. Avoid the tendency to rescue when someone is struggling to get the words out or shares a struggle or conviction.

Use "I" Statements

It's easy to talk about the issues of others, or respond with "we," "us," or "the church," but for us to grow as disciples and build relationships, we want to use "I" statements.

Don't Over-Talk

We want to create time for all members of the group to participate in the discussion. Be careful not to always be the first responder or regularly give long responses.

Fight for Relationship

It's not if conflict or hurt feelings will happen, but when. We commit to fight for relationship with each other. Go to the person and share your struggle or seek wise advice if you are not sure how to handle the conflict.

Week 6

Background: Every day, every hour, we are reminded that we live in a fallen world. Sometimes it seems like evil is all around us, and temptation is constantly chasing after us. As followers of Christ, we can have victory over temptation and evil. We know that while the Enemy might have a temporary stronghold in this world, it is Christ who will have the ultimate victory. But in the meantime – we need to pray for His help on the battlefield.

Read: *Matthew 6:9-13 (focus on verse 13); Ephesians 6:10-20*

Discovery Questions:

What do we learn about God in this passage?

What do we learn about what it means to be a follower of Christ in this passage?

What do you think the Holy Spirit might be teaching you personally through this passage?

Is there anything God is leading you to do after reading this passage?

Digging Deeper:

Why is it so important for us to remember that we do not struggle with flesh and blood, but with forces of evil that are not of this world? How does that frame how we view evil in our lives?

Why does the armor of God have so many pieces? How can each piece help us in our battle against evil?

Verse 18 tells us to pray at all times and persevere in prayer. Why is constant prayer so important? How can you make more time and space for prayer in your life?

What is a practical way you can remind yourself to put on the armor of God this week?

End this time with a prayer.

Heavenly Father, You are all powerful and all knowing, and evil cannot triumph over you. But sometimes we lose sight of your power and forget what the ending will be. Forgive us for how we have given in to temptation from our enemy and for how we have failed to rebuke the evil around us. Give us a vision for your ultimate victory and the desire to partner with you daily by putting on your armor. In Jesus' name, Amen.