



Week 1
Discipleship Study
Questions



Who Do You Think You Are?

Have you ever wrestled with the lies that whisper, “I’m not enough,” “I’m alone,” or “I don’t matter”? In *Who Do You Think You Are?*, we’ll dive into the life-changing truths about who we are in Christ—truths that remind us we are deeply accepted, unshakably secure, and divinely significant. This isn’t just about knowing these truths in our heads; it’s about letting them transform our hearts and lives.

Each week, we’ll explore what God says about us in His Word, dismantling the lies that keep us trapped in shame, insecurity, and fear. Together, we’ll walk the path of healing, hope, and victory—learning to live as people who are fully loved, unconditionally accepted, and wonderfully equipped by God. Let’s step into the freedom of embracing our true identity, leaving behind the weight of performance, past failures, and the pressure to measure up. You are more than enough in Christ, and this series will help you believe it, live it, and share it.

Read the Scripture:

Individual: Read the passage from two or three different translations.

Group: Have two different group members read the passage using different Bible translations.

Speak the Scripture:

Individual: Recite the story aloud from memory (as best you can) or tell it to a friend or family member. The goal here is to get the essence of the passage in your heart.

Group: Have someone volunteer to recite the passage aloud in their own words, as best they can.

Understand the Scripture:

Individual or Group: Use the Discovery Questions to help ensure you understand the passage.

Dig Deeper into the Scripture:

Individual: Work through the Digging Deeper questions and pray about what God reveals to you through His word. Discuss with a Christian friend or family member if you choose.

Group: Work through the Digging Deeper questions as a group, celebrating the work God is already doing in each person’s life, and encouraging each other to trust Him in the places that need growth.

Small Group Guidelines

This is a Safe Group

Confidentiality is key—what is said in the group stays in the group. Be aware how you are affecting the environment with your words, actions, and non-verbal communication. This needs to be a place where people feel comfortable opening up and sharing.

No Crosstalk

Be considerate of others as they are sharing. No side conversations, phone time, texting etc.

Listen

Let's value one another by listening to what is being shared. Allow a pause after someone shares to allow them to finish and others to consider what was said. Eye contact and body posture play key roles in creating a positive or negative group environment.

No Rescuing or Fixing

We are not here to fix each other; Jesus does that part. Avoid the tendency to rescue when someone is struggling to get the words out or shares a struggle or conviction.

Use "I" Statements

It's easy to talk about the issues of others, or respond with "we," "us," or "the church," but for us to grow as disciples and build relationships, we want to use "I" statements.

Don't Over-Talk

We want to create time for all members of the group to participate in the discussion. Be careful not to always be the first responder or regularly give long responses.

Fight for Relationship

It's not if conflict or hurt feelings will happen, but when. We commit to fight for relationship with each other. Go to the person and share your struggle or seek wise advice if you are not sure how to handle the conflict.

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Background: This series hinges on one foundational truth: **who you are in Christ changes everything about who you are.** The voice of Christ should be the one we hear most clearly and give the most weight to; unfortunately, we have given power to too many other voices and authorities. Who God says we are should completely reframe how we see ourselves and allow us to live the full, abundant lives that God intends for us to live.

Read: Colossians 2:6-15

Discovery Questions:

What do we learn about God in this passage?

What do we learn about what it means to be a follower of Christ in this passage?

What do you think the Holy Spirit might be teaching you personally through this passage?

Is there anything God is leading you to do after reading this passage?

Digging Deeper:

In v. 6-7, what is the process Paul describes for growing in your faith?

According to Paul, what is trying to take us captive? Can you think of any examples from our modern day context?

How have we been made whole (full, complete)?

Is our identity based on anything we have done? How does this passage address that?

End this time with a prayer.

Heavenly Father, there are so many voices in this world clamoring for our attention, and most of them aren't speaking Your truth. Give us the ears to hear Your voice above all others, and the strength to believe that we are whole and complete in you. It is because of Your Son's sacrifice that we can live free and forgiven, and that is the sweetest truth. In Jesus' name, Amen.